

# BEST PRACTICE CATALOG

Project Title: **BEHAVIOR MANAGEMENT COMMITTEE-DEVELOPMENTAL DISABILITIES**

Function Category: ☒ PATIENT-FOCUSED    ☐ ORGANIZATION    ☐ STRUCTURES

Subcategory: **Care of Patient**

Heading: **Behavior Management**

Key Word(s): **Behavior Management Committee**

Contact Person: **Michael D. Stolp, Program 1 Director**    Telephone Number: **(707) 253-5042**

Hospital: **Napa State Hospital**

**Purpose:**    The Behavior Management Committee reviews information related to client behavior plans that include restrictive components (including the use of behavior medications). The BMC Committee reviews the plans progress toward achieving objectives and goals, and approves, disapproves or modifies plans before implementation/continuation. The Committee provides oversight related to the use of restrictive procedures in order to protect the client's right to be treated in the least restrictive manner.

**Brief Description:**    The BMC Committee membership includes psychologists, physicians, a pharmacist, nursing staff and other professionals. The Committee reports to the medical director. At BMC meetings, the unit psychologist presents a review of client cases, including current medications, success toward meeting objectives, participation in treatment activities, use of restraints or STAT medications, and interdisciplinary team decisions.

**Selection Basis/Criteria:**    This Committee enables the developmental disabilities program to meet licensing requirements. The Committee ensures that restrictive components utilized are the least restrictive, thereby protecting clients' rights to receive the least restrictive treatment.

The following items are available regarding this Best Practice:

☐ Photographs    ☐ Video Tape    ☐ Drawings    ☐ Manual

☐ Other \_\_\_\_\_

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